

Ritheoirí Bhaile-Átha-Clath

**DUBLIN CITY
HARRIERS**

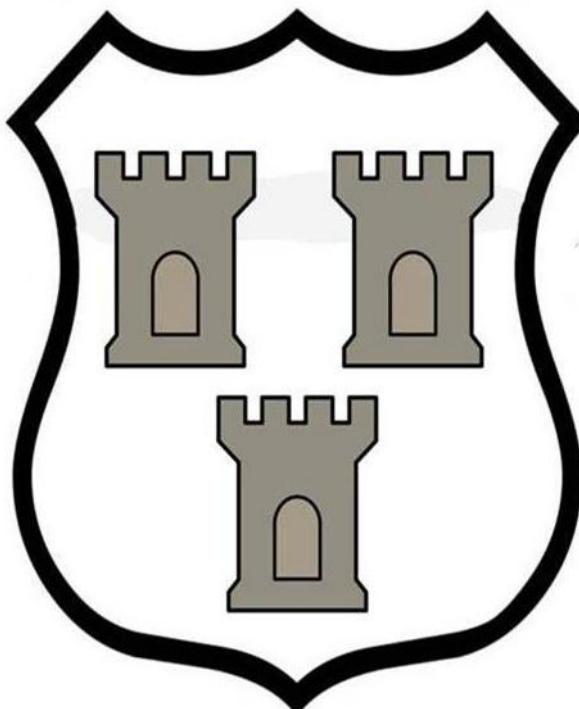


2025

Dublin City Harriers

Yearbook

2025



- Page 1** Ourselves and Our Doings
- Page 12** Results: Track and Field Indoor
- Page 16** Over Field and Fallow
- Page 27** Track and Field Outdoor
- Page 35** Road
- Page** Club records
- Page** Roll of Honour
- Page** More photos from 2025
- Page** Athletics Etiquette

COMMITTEE

The committee members elected at the AGM on May 14th 2025 were as follows:

President	Kevin Humphreys
Captain	Cliona Murphy
Hon Treasurer	Edel McNamara
Hon Registrar	Ellen Byrne
Hon Secretary	Pierre Murchan
IT Officer	Aislinn Moorhouse

Committee

Aoife Ni Bhroin
Lorna Walsh
Edel Monaghan
Aoife Corr
Michael Treacy
Dermot Nagle

Auditors

Declan Curtin
Liam Treacy
(Both non committee):

OURSELVES AND OUR DOINGS

JANUARY 2025

A New Year dawned full of hope for our club. Definite targets were set to achieve both for individuals and teams. January fixtures contain opportunities for indoor, road and cross-country performances and our members took full advantage.

We had some brilliant indoor performances from Ronan, Niamh and Edel while our women's road team retained 1st prize in the classic Raheny Road Race over 5 miles.

January 1st Bonnie Mae, Christopher and Paul competed in the traditional year opener, the Tom Brennan, New Years Day 5k in Phoenix Park.

January 5th The Dublin Intermediate Cross Country was held post-Christmas on an experimental basis. Additionally, the women's distance was reduced to 3000m. Excellent runs for Bonnie Mae, Katie and Lorna.

Christopher had his best run to date finishing second in the men's race over 6000m against a strong field.

January 12th Liam ran a superb 31.36 over 10k road in Valencia, Spain.

January 15th Edel won the mile race at the NIA Live meet in Abbotstown.

- January 18th** Ronan Ran a superb 3.51.85 for the mile in Washington. Our women's team finished 4th at the Leinster Intermediate championships in Kilcormac, Co Offaly. Chris had another fabulous run to finish 6th, thereby consolidating his recent good form.
- January 19th** Niamh Carr and Edel Monaghan recorded good runs over 1500m at the indoor league guest races in Abbotstown.
- January 26th** Ten athletes represented our club at the annual Raheny 5 mile classic Road Race. Our women's team retained their title, and the men finished an unexpected 3rd place.

FEBRUARY 2025

Terry O'Connor, one of our finest ever athletes sadly passed away early in the month. Terry was a leading Irish middle distance runner in the 1950's and 1960's and set an Irish mile record (NACA) with a 4.07 run in Iveagh Grounds (grass track). Terry won the Oman Cup on five occasions along with numerous championships and contributed hugely to DCH cross-country and road teams.

Our aim of finishing in a high place at the European Club Cross Country Championships, mixed relay, was fulfilled with a 5th placing in Albuferia, brilliant running there by Pierre, Niamh, Philip and Edel.

Elsewhere several athletes performed superbly at various indoor track and field meetings. Jodie created club records over 1500m and 3000m.

- February 1st** Ailish Hawkins reduced her PB for 3000m by a chunk at the Washington Indoor Meeting.
- February 2nd** Superb individual performances yielded 5th place at the European clubs cross-country championships mixed relay held in Albufeira, Portugal. Working with coach Enda Fitzpatrick, Pierre Murchan, Niamh Carr, Philip Marron and Edel Monaghan finished four places higher than at the same championships last year.
- February 3rd** Sadly we learned of the death of one of our greatest athletes, Terry O'Connor. Terry was a superb athlete who had a domestic competitive record which few would equal. He specialised in the mile, for which he set an NACA record in 1957. He was equally adept at cross-country and contributed to the success of many DCH cross-country teams in the 1950s and 1960s. He won the Oman Cup on five occasions.
- February 4th** Jodie McCann opened her indoor campaign with an impressive 8.55.71 for 3000m in Ostrava which represents a club indoor record.

- February 8th** Another super run By Jodie, at the indoor meeting in Metz, France. She clocked 4.09.16 for 1500m creating another club record. Philip Marron recorded 4.00.32 winning the mile in Boston.
- February 9th** At the Irish Universities Indoor Championships Sorcha McAllister won the 3000m title while Faye Dervan finished third. In Westport, Co Mayo Chris McLoughlin finished 13th in the National Intermediate cross-country championships and was 3rd scoring member on the winning Dublin team.
- February 12th** Edel Monaghan ran a PB in the mile race at the NIA Live meeting in Abbotstown.
- February 13th** Fine runs by Aoife Carr and Oran O'Hare at the Newry International Road Race Festival.
- February 14th** Philip Marron and Sean Donohoe had fine run overs the mile in America while Ailish Hawkins produced a fine run over 3000m with a PB 9.37.0, while Fiona ran 9.45.30 also for 3000m. Orla Duffy produced a fine 16.48.00 for 5000m in Boston.
- February 15th** Nadia Power opened her season running 800m in Australia. Jodie McCann competed over 3000m indoors in Lyon. Ailish, raced again, this time over one mile.
- February 16th** Our women's team competed in Ras Na hEireann in Dunleer finishing second team, only beaten on countback
- February 22nd** Nadia Power continued her comeback running 800m in Australia. Aoife Carr finished an excellent 23rd in the Scottish Cross Country Championships. Edel Monaghan, Niamh Carr and Philip Marron successfully negotiated the 1500m heats at the national senior indoor championships in Abbotstown.
- February 23rd** Some excellent running and personal nests recorded by our small team on finals day at the national senior indoor championships at Abbotstown.
- February 27th** Sean Donohoe and Ronan Staggs competed over 800m and 1 mile at their respective conference heats.
- February 28th** Sean and Ronan competed again over 800m and 1 mile at their respective conference finals. Ailish Hawkins recorded ye another personal best, this time over 5000m while sister Fiona won her heat of the 3000m and finished 7th overall.

MARCH 2025

The domestic indoor season came to an end in March and most club athletes focussed attention on the Road Race programme. As a club we targeted the national 10k championships on March 22nd where both our women's and men's teams were entered.

Jodie was selected to compete in the European Indoor track and field championships in the Netherlands.

In Australia Nadia continued her run of fine track races.

- | | |
|------------------------------|--|
| March 2nd | A small group of athletes participated in the Lusk 4 miles Road Race. |
| March 8th | Jodie McCann represented our country in the 3000m at the European Indoor Championships in the Netherlands. In Australia Nadia Power continued her build up in the 1000m in Melbourne. Paolo Silva was 2 nd in both the over 35 60m and triple jump at the national masters' indoor championships. |
| March 14th | Ronan Staggs qualified for the final, 4.01.76 heat, at the NCAA mile indoor championships in Virginia, USA. |
| March 15th | Ronan finished a fine 6 th at the NCAA mile indoor championships in Virginia, USA.
Oran O'Hare recorded a road pb at the Podium 5k series in UK. |
| March 17th | We were well represented at the Tallaght 5k Road Race which included the Dublin Novice Road Championship.
Some excellent performances but missed out on the awards. |
| March 23rd | Our women's and men's teams competed with distinction at the national 10k Road Race championships in Dunboyne. |

APRIL 2025

In the early part of April several members put down markers for the coming track season. Many recorded personal bests for various distances particularly Ronan who qualifies for the NCAA championships in addition to leading his collage team to victory in the prestigious Penn relays 4 x 1500m and 4 x 1 mile events. Great running by Ailish to obtain a European under 23 steeplechase qualifying mark.

- | | |
|-----------------------------|---|
| April 2nd | Personal bests for Niamh and Aoife Carr at the Queens 5k Road Race |
| April 5th | Excellent performance over 3000m S/C by Ailish Hawkins, achieving a European under 23 B standard. Nice opening outdoor run over 1500m for Ronan Staggs. |
| April 6th | JP Williamson recorded an excellent 71.20 at the Berlin Half Marathon. |

- April 11th** Nadia recorded a steady 2.06.74 at the Australian track and field championships in Australia.
- April 11th/12th** Faye, Juliet and Chris represented their colleges at the Irish Universities track and field championships.
- April 17th** High placings for Pierre and Orla at the Streets of Kilkenny Road Race.
- April 18th** Excellent running by Fiona and Ronan at the Bryan Clay Invitational in California
- April 25th** Ronan led out his Washington University to victory in the 4 x 1 Mile and 4 x 1500m American championships at the Penn relays, and Fiona had two solid runs over 1500m at altitude in Colorado.

MAY 2025

Athletes took full advantage of their opportunities on both sides of the Atlantic. Ailish secured her second steeplechase B standard thereby automatically gaining selection for the European under 23 championships. Both Sean and Ronan had fine runs in USA, while Niamh and Faye delivered some fine performances domestically. Jodie continued to impress over 1500m with another 4.09 clocking. Numerous members had success on the road in various locations.

- May 3rd** We had a large number of athletes competing in Clonmel and Morton stadiums. Faye had an excellent run over 1500m in Clonmel following her recent fast 5000m track race. Superb run over 800m from Sean in USA.
- May 9th** Seven members competed in the Leixlip Road Race winning some prizes.
- May 10th** Niamh won her heat of the 1500m in 4.22.52 while there were excellent runs over 3000m by Orla and Faye in Belfast.
- May 11th** Pierre won the Terenure 5 mile classic in 24.11. There were fine runs in the Dublin graded league 2, picking up Dublin championship medals over 5000m.
- May 17th** We had seven members competing in the national 5k Road Race championships in Phoenix Park. At the big 10 meeting in Oregon Ronan just missed out qualifying for the 1500m final in a blanket finish while Ailish recorded her second under 23B standard for the European Championships.
- May 20th** Our women's team were first in the Bob Heffernan 5k in Enfield, led home with a superb run by Faye. Vlad finished in an excellent 8th place.
- May 21st** Michael Ryan competed in the Dublin 10k track championships in Tallaght.

- May 27th** Another fine road run by Faye clocking 17.11 over 5k in Meath.
- May 30th** Jodie opened her summer season with a superb 4.09.78 over 1500m in Poland.
- May 31st** Both Ailish and Ronan missed out narrowly on qualifying for the NCAAs at their regional meetings.

JUNE 2025

With the track season underway our athletes took advantage of the early season track and field competitive opportunities available.

Jodie, Ronan, Sean, Philip and Niamh competed with distinction on the European circuit.

- June 1st** June bank holiday weekend saw four DCH athletes in the women's mini marathon in Dublin city centre.
- June 3rd** Jodie ran her first 5000m of the outdoor season in Bergen, Norway.
- June 4th** PB over 800m for Orla at Dublin graded meeting Morton Stadium.
- June 7th** Niamh Carr and Kieron Sexton competed over 800m at the BMC meeting in Manchester.
- June 8th** Rosant Kamgang competed in the LJ and 200 at the Leinster Masters Track and Field Championships.
- June 10th** Jodie and Sean were on international duty in France and Portugal respectively both running fine 1500m races.
- June 14th** Niamh ran an impressive 800m in Austria. Philip again narrowly missed breaking the four minute mile barrier. Clare and Edel competed over 800m at the Dublin Graded League. Jodie and Sean were again on international duty this time in Portugal running 1500m races.
- June 15th** Ronan Staggs competed well over 1500m at the Portland University Invitational.
- June 18th** Niamh Carr and Orla Duffy competed at 800m and 1500m respectively at the UCD invitational meeting in Belfield.
- June 21st** Sean completed his three race programme in Portugal with another fine run over 1500m. Tadgh had a good run over 5k on the roads in Sligo. Faye and Cliona competed well in the Dunshaughlin 10k both finishing in high positions.
- June 22nd** Jodie posted another fast time over 1500m in Poland.

- June 25th** Ailish, Cliodhna, Clare and Chris represented our club over 1500m at the 6th Dublin Graded League.
- June 27th** Our women's road racing team returned to winning ways at the St Coca's 5k race in Kilcock.
- June 28th** There were some superb performances at the Crusaders track and field meeting at Morton Stadium. Vlad had a run over 1500m at Loret del Mar in Barcelona.
- June 29th** Christopher finished 30th and Aoife Carr 7th at the National 5 mile road championships in Phoenix Park.

JULY 2025

The club highlight was having three athletes striving to break the 4 minute barrier at the Cork City Sports. Philip and Ronan were successful with Sean narrowly missing out. Sean achieved this at the Morton Games two days later.

Jodie continued to blaze a trail with fine runs over 1500m and 5000m in Europe.

- July 5th** Edel Monaghan competed over 1500m and 3000m for Harrow AC in the UK. Ailish finished 2nd at the under 23 track and field championships.
- July 6th** Ailish is selected to represent Ireland at the European under 23 championships in Bergen Norway.
- July 9th** Sean, Ronan and Philip travelled to the Cork City Sports with a view to breaking the four minute barrier.
- July 10th** Our women's road team continued their winning ways at the Docklands 5k.
- July 11th** Sean was our sole representative at the Morton Games, running in the mile race, finishing in 10th place in 3.55.82, one of eight Irish to run sub 4 mins for the distance.
Incredibly we now have had three club members run sub four within a forty eight hour period.
- July 12th** Niamh Carr won her race at the BMC Grand Prix in Watford.
- July 13th** Sean and Ronan travelled to Lignano in Northern Italy to participate in a 1500m invitation race.
- July 15th** Jodie had another fine run over 1500m at the Brescia Grand Prix in Italy.
- July 16th** We had a number of athletes competing in the 7th Dublin Graded League meeting in Lucan.

- July 19th** Jodie, Philip and Sean competed over 1500m at the night of athletics in Heusden, Belgium. Faye competed over 3000m at a meeting in Winchester, England.
- July 20th** Christopher competed in the Irish 10 mile road championships in Phoenix Park.
- July 26th** Jodie continued her summer campaign with another fine run over 1500m in Luxemburg.
- July 30th** Aoife D and Lorna completed their track seasons running 1500m at the final graded meeting at Morton Stadium. In the same meeting Paul restarted his track appearances after a two year absence with an excellent run in the metric mile race.

AUGUST 2025

The national track and field championships were held later than usual because the world Championships were held in Tokyo in September.

Niamh won our only medal in the national championships when recording a huge personal best over 1500m. Faye delivered a number of impressive runs on the track as did Sean, Philip, Orla and Ronan. Excellent running by Pierre in the Dublin 10 miles road championships.

- August 2nd** Nine club athletes competed in the national track and field championships over the August bank holiday weekend. Niamh, Sean, Philip and Ronan progressed from the heats to the finals.
- August 3rd** Back at the national championships, day two, Orla, Faye and Chris competed in the 5000m. Niamh finished 3rd in the 1500m with a huge personal best. We had three men in the 1500m final for the first time ever which must be some sort of record. The race ran very slowly and tactical but our guys acquitted themselves well.
- August 9th** Faye had an excellent run over 5000m in Manchester. Sean, Philip and Paul performed well over 1500m at the IFAM meeting in Belgium.
- August 16th** We had three members running in the Frank Duffy 10 mile Road Race led by Pierre in first place with 49.02. Faye raced in Rathkenny, Co Meath recording 16.53 to win the race. Philip had a fine run over 1500m in Belgium while Orla had a solid run over 3000m at the same meeting. We held a celebration to recognise 50 years of women athletes in our club.
- August 17th** Faye was back winning on the roads today in the St Cucas 10 mile race in Kilcock, Co. Kildare.

August 21st Edel Finished third in the Celbridge 5k Road Race and Aine was 7th.

August 24th Cliona competed in the Antrim Coast Half Marathon.

August 30th Philip closed out his and the clubs track season with another sub four minute mile in Scotland.

SEPTEMBER 2025

The domestic track and field season came to an end at the end of August and many athletes took advantage of this to take a short break. In advance of the cross-country season a number of attractive Road Races appear on the calendar which some athletes took advantage of. The club organised a very successful warm weather training camp in Portugal through Enda's kind offices.

September 7th Faye had another win on the roads this time in the Lucan 5 miles.

September 13th Sinead and Aislinn continued their preparation for the marathon with solid runs in the Ratoath Half Marathon.

September 16th Eoghan Beary, Aislinn Moorhouse and Laura Brennan competed in the A&L Goodbody corporate challenge.

September 20th In preparation for the forthcoming cross-country season a large group of our novice athletes participated in the Saturday Park Run at Abbotstown. Following a successful warm weather camp Orla participated in the Castlegar cross-country invitational in Galway.

September 21st Michael Ryan and Tadgh Foley travelled to Berlin to participate in the annual marathon there. Philip Marron finished second in the Griffith Avenue road mile in 3.59, same time as the winner.

September 27th/28th

A group of some 22 athletes participated in a bonding session in Waterford.

Ailish competed in the Gans Greek Cross Country in Columbus Missouri on Saturday 27th.

September 28th Edel Monaghan and Grace Culhane ran in Rathfarnham at their annual 5km Road Race.

OCTOBER 2026

Cross country championships come thick and fast with novice, varsities and mixed relay titles up for grabs. Our first major aim for the season, the mixed relay was hotly contested, nonetheless we retained the title and qualified for the European Clubs championships in February of next year.

- October 4th** A large group of athletes participated in the Abbotstown park run followed by some hill work. This was specifically in preparation for imminent cross-country races.
- October 10th** Ailish had an excellent run in the Bill Dellinger Cross Country Invitation in Oregon.
- October 11th** Representing their colleges we had six athletes in action at the university championships where Lucy in her first race since joining annexed the women's universities championships while representing her college TUM. Aoife Ni made a return to competition following childbirth in the Home 5k in Phoenix Park.
- October 12th** We fielded a full women's team but only a partial men's team in the Dublin Novice.
- October 19th** Our mixed relay team went to Abbotstown to achieve our clubs first competitive aim of the season, the national championship and didn't disappoint. Fine runs by Orla and Vlad in the individual events.
- October 25th** A large number of athletes descended upon Gowran to compete in the Leinster Novice cross-country championships.
- October 26th** Cliona, Sinead, Aislinn, Lily and Conor competed in the Dublin City Marathon today

NOVEMBER 2025

The principle domestic championships are usually scheduled for November which includes the national senior cross-country, our second major aim of the season. Additionally, the Dublin and Leinster championships are traditionally held this month therefore plenty of competition to look at. Due to circumstances the Dublin Senior championships were held in conjunction with the Leinsters but at Kilbeggan Racecourse.

Unfortunately, we were below par in the nationals, held on an extremely testing course.

- November 2nd** Incredibly the Dublin Championships, scheduled for Corkagh Park were postponed due to "a surface deemed un-runnable" by the local authority. It's the first time anyone can remember cross-country being called off due to wet conditions. Faye took the opportunity to take in a Road Race winning the Sallins 5k.
- November 8th** In order not to lose the Dublin Championships from the programme it was possible to amalgamate them with the Leinster Championships scheduled for Kilbeggan Racecourse. We had a large group of athletes there to mark the last element of our celebration of 50 years of women in the club.

- November 15th** Several members represented their colleges in the Irish Universities road relay championships in Maynooth.
- November 24th** Our second main team of the year, the national senior women's cross-country championships were held in Derry. Despite fielding a strong team of eight women, all of whom tried valiantly, victory was beyond today and we finished 4th in the team race.
Philip and Pierre had very solid runs in the men's race.
- November 26th** Declan Curtin was presented with the trophy for Official of the Year at the prestigious Athletic Association of Ireland awards ceremony in Dublin
- November 29th** Eoghan Beary won the Clontarf half marathon in 72 mins 28 secs. Muireann also had an excellent run in Clontarf

DECEMBER 2025

The cross-country season winds down in December with the last national championships, the Novice, being held. We entered both a women's and men's team in the National Novice cross-country championships with mixed results. The annual cake race had a huge success with over 70 athletes drawn from both the juvenile and senior sections participating.

Athletes prepare for the indoor season and a number of high profile Road Races are available.

- December 6th** We had a strong representation at the Jingles Bells Road Race in Phoenix Park with strong runs from Faye, Orla, Edel, Cliona and Philip. Our women's team returned to winning ways following the disappointing national cross-country result.
In the USA Ailish opened her indoor season with a fine run over 5000m.
- December 7th** The National Novice championships were held in Abbotstown where we had both a women's and Men's teams competing. Our teams struggled in the very muddy conditions but all 16 starters finished their race. In Scotland Niamh finished an excellent run in the Districts championships finishing 4th.
- December 17th** Philip raced over 3000m indoor at the NIA live meeting recording an excellent 8.06 for the distance.
- December 20th** There was a fine turnout of members for the annual cake race held in Phoenix Park. Many of our younger athletes from the juvenile section participated.
- December 28th** Aoife Donaghy competed in the Suicide Awareness 5k charity race in Ballycoolin finishing 3rd.

INDOOR TRACK AND FIELD:

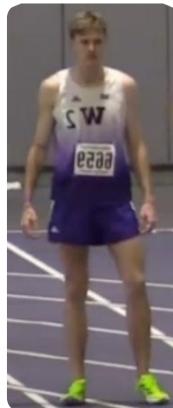
NIA Live, Abbotstown. 15th January 2025

Edel Monaghan	mile	1 st	4.56.37
---------------	------	-----------------	---------

University of Washington Indoor Invitational.

Seattle, USA 18th January 2025-Oversized Track

Ronan McMahon Staggs	mile	3 rd	3.51.85
----------------------	------	-----------------	---------



National Indoor League Championships, guest race.

Abbotstown, 19th January 2025

Edel Monaghan	1500m	3 rd	4.31.63
Niamh Carr	1500m	4 th	4.32.32

Pen 10 teams elite meeting

Philadelphia 25th January 2025

Sean Donohoe	1 mile	10 th	4.03.33
--------------	--------	------------------	---------

Emirates arena indoor miler meet.

Glasgow 26th January 2025

Aoife Carr	3000m	2 nd	9.49.04
------------	-------	-----------------	---------

Washington Indoor Meeting. 31st January 2025

Ailish Hawkins	3000m	8 th	9.37.00
----------------	-------	-----------------	---------

Albuquerque, New Mexico. Indoor Meeting. 1st February 2025

Fiona Hawkins	1500m	6 th	4.56.47
---------------	-------	-----------------	---------

Czech Republic, Indoor Gala, Ostrava. 4th February 2025

Jodie McCann	3000m	9 th	9.55.71
--------------	-------	-----------------	---------

Metz, Indoor Gala, France. 8th February 2025

Jodie McCann	1500m	6 th	4.09.16
--------------	-------	-----------------	---------



Boston Indoor Gate, USA. 8th February 2025

Philip Marron	mile	1 st	4.00.32
---------------	------	-----------------	---------

Irish Universities Indoor Championships. Abbotstown 9th February 2025

Sorcha McAllister-Representing UCD	3000m	1 st	9.53.92
Faye Dervan-Representing-DCU	3000m	3 rd	10.02.33

*Faye Dervan***NIA Live indoor meeting, Abbotstown. 12th February 2025**

Edel Monaghan	mile	6 th	4.54.31
---------------	------	-----------------	---------

University of Washington. 14th February 2025

Ailish Hawkins	3000m		9.27.38
----------------	-------	--	---------

Valentine Indoor Invitational, Boston University. 14th February 2025

Philip Marron	mile	2 nd	4.01.08
Sean Donohoe	mile		4.05.00
Fiona Hawkins	3000m		9.45.30
Orla Duffy	5000m		16.48.00

*Orla Duffy***Lyon indoor meeting. 15th February 2025**

Jodie McCann	3000m	10 th	9.09.44
--------------	-------	------------------	---------

Irish senior indoor championships, day one Abbotstown. 22nd February 2025

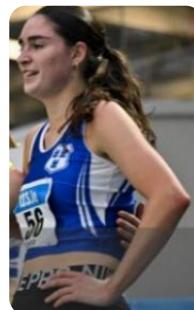
Edel Monaghan	1500m	5 th -heat	4.33.45
Niamh Carr	1500m	6 th -heat	4.36.15
Philip Marron	1500m	2 nd -heat	3.58.66

Irish senior indoor championships, day two Abbotstown. 23rd February 2025

Edel Monaghan	1500m	5 th	4.28.38-pb
Niamh Carr	1500m	11 th	4.35.81
Philip Marron	1500m	4 th	4.01.06
Orla Duffy	3000m	5 th	9.36.11-pb
Faye Dervan	3000m	8 th	10.02.89-pb



Philip Marron



Niamh Carr

Big East Conference Indoor Championships. 28th February

Sean Donohoe-representing Villanova 800m 3rd-heat 1.50.96

Big 10 Conference Indoor Championships. 28th February

Ronan Staggs-representing Washington State 1 mile 1st-heat 3.59.65

Big East Conference indoor championships. 29th February

Sean Donohoe-representing Villanova 800m 8th-final 1.52.47

Sean also ran a relay leg

Big 10 Conference indoor championships. 29th February

Ronan Staggs-representing Washington State 1 mile 6th-final 4.05.48

UCLA Conference Indoor Championships. 29th February

Ailish Hawkins-representing UCLA 5000m 16.51.18

UCLA Conference Indoor Championships. 29th February

Ailish Hawkins-representing UCLA 5000m 16.51.18

RMAC Conference Indoor Championships. Colorado Springs, 29th February

Fiona Hawkins-representing Adams S 3000m 1st heat/7th overall 10.27.36

European Indoor Championships. Apeldoorn, Netherlands, 8th March 2025

Jodie McCann-Virus 3000m 10th - Heat 9.18.73

Irish Masters Indoor Championships. Athlone, 8th March 2025

Paolo Silva 60m 2nd 7.61-O/35

Paolo Silva Triple Jump 2nd 11.39-O/35

NCAA Indoor Championships, Virginia, USA. 15th/16th March 2025

Ronan Staggs-representing Washington State 1 mile Heat 4.01.76

Ronan Staggs-representing Washington State 1 mile 6th-final 3.55.52

Sharon Colyear-Danville Indoor meet at Boston University 6th December 2025
Ailish Hawkins-representing UCLA 5000m 16.45.40

NIA Live Track and Field indoor Meeting. 17th December 2025. Abbotstown.
3000m Philip Marron 1st 8.06.17

OVER FIELD AND FALLOW:

Women's Dublin Intermediate Cross Country Championships, 3000m. Raheny. 5th January 2025

Bonnie McFeat	10 th	12.07
Katie Green	11 th	12.07
Lorna Walsh	36 th	13.53

Men's Dublin Intermediate Cross Country Championships, 6000m. Raheny. 5th January 2025

Chris McLoughlin	2 nd	20.43
------------------	-----------------	-------



Women's Dublin Masters Cross Country Championships. Raheny. 7th January 2025

Edel McNamara	3 rd - w50
---------------	-----------------------

Men's Dublin Masters Cross Country Championships. Raheny. 7th January 2025

Paul McLoughlin	126 th -42 nd M45	31.16	126 th -42 nd M45
-----------------	---	-------	---

Women's Leinster Intermediate Cross Country Championships. Kilcormac Co Offaly. 18th January 2025 DCH 4th Team; 69 Points

Bonnie Mae McFeat	7 th	19.14	Also on winning Dublin team.
Grace Ann Culhane	16 th	19.39	
Katie Green	21 st	20.09	
Aoife Corr	25 th	20.56	
Ellen Byrne	26 th	21.09	
Clare O'Connor	27 th	21.11	
Cliodhna Ryan	30 th	21.38	



Ellen, Grace, Bonnie, Katie, Clare, Cliodhna, Aoife

Men's Leinster Intermediate Cross Country Championships.

Kilcormac, Co Offaly. 18th January 2025

Christopher McLoughlin 6th 27.40 Also on winning Dublin team

Men's Leinster Masters Cross Country Championships.

Kilcormac, Co Offaly. 18th January 2025

Paul McLoughlin 86th-27th M45 28.54

European Clubs Cross Country Championships, Albufeira, Portugal.

Mixed Relay, Unequal Legs, 2nd February 2025 DCH 5th 18.47.

Pierre Murchan 4.17

Niamh Carr 5.03

Philip Marron 4.10

Edel Monaghan 5.17



Niamh, Pierre, Philip, Edel

Men's National Intermediate Cross Country Championships,

Westport, Co Mayo. 8000m 9th February.

Christopher McLoughlin 13th 28.55 3rd scorer on winning Dublin team



Ras na hEireann, Dunleer

4000m 16th February 2025 DCH Women's 2nd Team 31 points.

Sorcha McAllister	1 st	14.46
Cliona Murphy	5 th	15.20
Grace Culhane	12 th	16.59
Katie Green	15 th	17.1

Katie, Cliona, Sorcha, Grace



Sorcha



Scottish Cross-Country Championships, Falkirk.

10k 22nd February 2025.

Aoife Carr	23 rd	39.53
------------	------------------	-------

Saturday Park Run. Abbotstown, Dublin

5000m 20th September 2025.

Aine O'Connor	1 st	19.58
Karen Hughes	2 nd	20.42
Katie Green	3 rd	21.48
Ellen Byrne	4 th	21.53
Cliodhna Ryan	5 th	22.05
Edel McNamara	6 th	22.41
Claire Murphy	8 th	23.13
Lama Elghobashy	9 th	23.27
Clare O'Connor	10 th	23.31
Aoife Donaghy	11 th	23.52
Abagail Delaney	12 th	24.28
Aisling Purdy	13 th	25.55

Castlegar Invitational. Ballybrit Racecourse, Galway.

6200m 20th September 2025.

Orla Duffy	1 st -Senior Woman
------------	-------------------------------

Gans Greek Cross Country. Columbia, Missouri, USA.

6000m 27th September 2025.

Ailish Hawkins	2 nd UCLA Woman	20.59
----------------	----------------------------	-------

Saturday Park Run. Abbotstown, Dublin

5000m 4th October 2025.

Orla Duffy	1 st	19.53
Lucy Holmes	2 nd	20.00
Edel Monaghan	3 rd	20.04
Chris McLoughlin	4 th	20.10
Fiona Hawkins	6 th	20.40
Aine O'Connor	7 th	21.09
Karen Hughes	8 th	21.21
Cliodhna Ryan	10 th	21.38
Katie Green	11 th	21.57
Paul McLoughlin	13 th	22.23
Ronan O'Bhróin	14 th	24.28
Ellen Byrne	16 th	22.45
Claire Murphy	18 th	23.08
Clare O'Connor	19 th	23.12
Edel McNamara	20 th	23.22
Laura Brennan	21 st	23.34
Lorna Walsh	22 nd	23.46
Aoife Corr	25 th	24.27
Aoife Donaghy	29 th	25.36

Bill Dellinger Cross Country Invitational. Springfield, Oregon.

Women's 6000m 10th October 2025.

Ailish Hawkins-representing UCLA	16 th	20.52
----------------------------------	------------------	-------

Irish Universities Cross Country Championships. Tymon Park, Dublin.

Women's 5000m 11th October 2025.

Lucy Holmes-representing Technical University Munster	1 st	17.01
Fiona Hawkins-representing University College Dublin	15 th	18.16
Karen Woods-representing Trinity College Dublin	34 th	19.10
Juliet Kose-representing University College Dublin	58 th	20.31
Clare O'Connor-representing Technical University Dublin	67 th	20.68



Lucy



Lucy (left) and Fiona (right)

**Irish Universities Cross Country Championships. Tymon Park, Dublin.
Men's 7500m 11th October 2025.**

Michael Ryan-representing Trinity College Dublin 73rd 28.05

**Dublin Women's Novice Cross Country Championships. Phoenix Park, Dublin
4000m 12th October 2025 DCH 6th Team 130 points.**

Cliodhna Ryan	20 th	15.49
Claire Murphy	28 th	16.17
Muireann Harraghy	40 th	16.46
Lorna Walsh	42 nd	16.50
Laura Brennan	43 rd	16.55
Rachel Glennon	50 th	17.37



Lorna, Rachel, Laura, Cliodhna, Clare, Muireann

Dublin Men's Novice Cross Country Championships. Phoenix Park, Dublin
6000m October 2025

Michael Ryan 25th 20.35
Ronan O'Bhroin 112nd 24.33



Ronan, Michael

**National Cross Country 4 X 1500m Mixed Relay Championships.
Abbotstown, 19th October 2025 DCH 1st Team 18.23**

Niamh Carr	4.53
Pierre Murchan	4.17
Lucy Holmes	4.57
Philip Marron	4.16



Philip, Lucy, Niamh, Pierre

**Autumn International Cross Country. Abbotstown, Dublin.
6000m 19th October 2025**

Orla Duffy	13 th	22.18
------------	------------------	-------

**Autumn International Cross Country. Abbotstown, Dublin.
8000m 19th October 2025**

Vlad Evseev	22 nd	26.31
-------------	------------------	-------

**Leinster Women's Novice Cross Country Championships.
Gowran, Co Kilkenny, 4000m 25th October 2025 DCH 1st Team 38 points.**

Fiona Hawkins	1 st	14.48	Also scored on winning Dublin team
Aine O'Connor	5 th	15.42	Also scored on winning Dublin team
Grace Culhane	13 th	16.14	
Katie Green	19 th	16.27	
Cliodhna Ryan	24 th	16.43	
Ellen Byrne	26 th	16.55	
Clare O'Connor	33 rd	17.10	
Aoife Corr	40 th	17.25	
Edel McNamara	41 st	17.31	
Laura Brennan	43 rd	17.38	
Lorna Walsh	45 th	17.40	
Aoife Donaghy	48 th	17.49	
Aisling Purdy	71 st	20.01	



*Fiona, Edel, Clare, Grace, Aoife C, Lorna, Aoife D, Laura
Cliodhna, Aine, Aisling, Ellen, Katie*

**Big 10, Cross Country Championships, East Lansing, Michigan, USA.
Women's 6000m 1st November 2025.**

Ailish Hawkins-representing UCLA	21.40
----------------------------------	-------

**Scottish Short Course Cross Country Championships, Lanarkshire.
Women's 4000m 8th November 2025.**

Niamh Carr	2 nd	13.23
------------	-----------------	-------

Leinster Women's Senior Cross Country Championships

(Combined Leinster and Dublin Championships).

Kilbeggan Racecourse, Kilbeggan, Co. Westmeath, 6000m 8th November 2025.

DCH 1st Team 22 points

Orla Duffy	1 st1 st Leinster	22.01	Also on winning Dublin team
Edel Monaghan	2 nd1 st Leinster	22.07	Also on winning Dublin team
Lucy Holmes	3 rd3 rd Leinster	22.22	Also on winning Dunlin team
Cliona Murphy	18 th ..16 th Leinster	23.35	
Karen Hughes	26 th ...21 st Leinster	24.17	
Grace Culhane	32 nd	25.00	
Cliodhna Ryan	37 th	25.39	
Ellen Byrne	42 nd ...35 th Leinster	26.37	
Edel McNamara	43 rd	26.45	
Clare O'Connor	44 th	26.48	
Aoife Corr	45 th	26.52	
Lorna Walsh	49 th	26.58	
Aoife Donaghy	51 st	27.07	
Laura Brennan	52 nd 40 th Leinster	27.20	

Dublin Women's Senior Cross Country Championships

Kilbeggan Racecourse, Kilbeggan, Co. Westmeath

6000m 8th November 2025. DCH 1st Team 14 points

Orla Duffy	1 st	22.01
Edel Monaghan	2 nd	22.07
Lucy Holmes	3 rd	22.22
Cliona Murphy	8 th	23.35
Karen Hughes	13 th	24.17
Grace Culhane	16 th	25.00
Cliodhna Ryan	18 th	25.39
Ellen Byrne	20 th	26.37
Edel McNamara	21 st	26.45
Clare O'Connor	22 nd	26.48
Aoife Corr	23 rd	26.52
Lorna Walsh	25 th	26.58
Aoife Donaghy	27 th	27.07
Laura Brennan	28 th	27.20



**Enda, J McNamara, Grace, Karen, Ellen, Cliodhna, Clare, Edel, Aoife D, Noel
Lucy, Cliona, Orla, Edel, Aoife C, Laura, Lorna**



Leinster Men's Senior Cross Country Championships

Kilbeggan Racecourse, Kilbeggan, Co. Westmeath, 9000m 8th November 2025.

Pierre Murchan 1st Leinster 28.43 Also on winning Dublin team



National Women's Senior Cross Country Championships, Derry, Co. Derry.

7500m. 23rd November 2025, DCH 4th Team. 111 points.

Jodie McCann	15 th	28.38
Niamh Carr	29 th	29.10
Lucy Holmes	31 st	29.18
Orla Duffy	36 th	29.33
Edel Monaghan	43 rd	29.52
Cliona Murphy	56 th	30.41
Aoife Carr	57 th	30.45
Fiona Hawkins	62 th	30.59



*Niamh, Aoife, Fiona, Lucy, Orla
Cliona, Edel, Jodi*

**National Men's Senior Cross Country Championships. Derry, Co. Derry.
7500m. 23rd November 2025**

Philip Marron	21 st	26.34
Pierre Murchan	38 th	27.15

**National Women's Novice Cross Country Championships.
Abbotstown, Co. Dublin. 4000m. 7th December 2025. DCH 5th Team 174 points.**

Fiona Hawkins	15 th	16.49	Also scoring on Dublin winning team.
Karen Hughes	39 th	17.50	
Grace Culhane	51 st	18.05	
Aine O'Connor	58 th	18.18	
Katie Green	69 th	18.31	
Cliodhna Ryan	78 th	18.44	
Aoife Corr	83 rd	18.59	
Lorna Walsh	99 th	19.29	
Edel McNamara	107 th	19.41	
Laura Brennan	111 th	19.50	
Aoife Donaghy	124 th	20.37	

**National Men's Novice Cross Country Championships. Abbotstown.
6000m 7th December 2025. DCH 20th Team 481points.**

Michael Ryan	108 th	24.52
Tadgh Foley	117 th	25.11
Conor Murphy	126 th	25.24
Alex Crowley	130 th	25.34
Ronan O'Bhroin	201 st	29.35

Scottish Districts Cross Country Championships.

7th December 2025.

Niamh Carr 4th 33.40

Annual Cake Run. 20th December 2025. Phoenix Park.

	Predicted Time	Actual Time	Difference
Aisling Purdy	27.00	26.58	00.02
Brianna McGhee	21.45	21.40	00.05
Cliona Murphy	19.30	19.44	00.14
Sinead Cronin	21.45	21.28	00.17
Clare O'Connor	23.10	22.50.	00.20
Michael Ryan	18.00	18.20	00.20
Cliodhna Ryan	21.20	21.42	00.22
Edel McNamara	23.00	22.35	00.25
Aoife Donaghy	22.50	23.34	00.45
Karen Hayes	24.50	24.03	00.47
Ailish Hawkins	26.00	26.47	00.47
Ellen Byrne	24.48	24.00	00.48
Lucy Holmes	25.20	24.30	00.50
Fiona Hawkins	25.45	24.40	01.05
Dermot O'Kane	20.50	19.43	01.07
Edel Monaghan	23.23	22.16	01.07
Eimear Fitzpatrick	23.20	22.16	01.14
Orla Duffy	24.14	22.10	02.04
Philip Marron	23.40	21.30	02.10
Ronan O'Bhroin	24.00	21.10	02.50
Aine O'Connor	25.00	22.08	02.52
Aoife Corr	23.30	26.47	03.17



Cake race competitors

TRACK AND FIELD OUTDOOR:

Adelaide Invitational Meeting, 15th February 2025

Nadia Power	800m	7 th	2.07.15
-------------	------	-----------------	---------

Albie Thomas Mile Meeting, Sydney, 22nd February 2025

Nadia Power	800m	2.07.02
-------------	------	---------

Box Hill Burn Meeting, Melbourne, 8th March 2025

Nadia Power	1000m	3 rd
-------------	-------	-----------------

Stanford International Track And Field

Ailish Hawkins	3000m Steeplechase	4 th	10.12.37
Ronan Staggs	1500m	4 th	3.41.13



Ailish Hawkins



Fiona Hawkins

Australian track and field Championships. Perth, 11th April 2025

Nadia Power	800m	4 th -heat	2.06.74
-------------	------	-----------------------	---------

Irish Universities Championships. Morton Stadium, 11th/12th April 2025

Faye Dervan	5000m-Representing DCU	2 nd	16.57.09
Juliet Kose	5000m-Representing UCD	14 th	20.08.31
Christopher McLoughlin	5000m-Representing TUD	22 nd	16.21.72
Christopher McLoughlin	10000m-Representint TUD	9 th	33.17.10

Byran Clay Invitational Track and Field. Azusa, Sth California, 18th April 2025

Fiona Hawkins	1500m	3 rd	4.25.40
Fiona Hawkins	5000m		16.55.60
Ronan Staggs	1500m	8 th	3.38.23-Club Record

Wake Forest Invitational, Winston Salem, North Carolina.18th April 2025

Sean Donohoe	1500m	3.41.88
--------------	-------	---------

Penn Relays. University of Philadelphia. 23rd/25th April 2025

Ronan Staggs	4 x 1 mile	Winning Team
Ronan Staggs	4 x 1500m	Winning Team

UCLAU v USD Duel meeting at Drake Stadium. 2nd May 2025

Fiona Hawkins	1500m-Heat	4.42.09
Fiona Hawkins	1500m-Final	4.41.23

UCLAU v USD Duel meeting at Drake Stadium. 2nd May 2025

Ailish Hawkins	1500m	4.29.66
Ailish Hawkins	3000m S/Chase	10.31.53



Irish Milers. Clonmel Stadium. 3rd May 2025

Faye Dervan	1500m	4.34.40
-------------	-------	---------

Widner Field Qualifier, USA 3rd May 2025

Sean Donohoe	800m	1.48.88
--------------	------	---------



Cliodhna, Aoife D, Brianna, Aislinn, Sinead

Dublin Graded meeting 1. Morton Stadium. 3rd May 2025

Sinead Cronin	3000m	10.55.19
Aislinn Moorhouse	3000m	10.59.67
Cliodhna Ryan	3000m	11.24.58
Brianna McGhee	3000m	11.33.35
Aoife Donaghy	3000m	12.15.16

Dublin Graded meeting 1. Morton Stadium. 3rd May 2025

Paolo Silva	100m-1 st Race	12.01
Paolo Silva	100m-2 nd Race	12.18
Paolo Silva	Long Jump	5.35
JP Williamson	3000m	9.04.38
Michael Ryan	3000m	9.28.41
Chris McLoughlin	3000m	9.32.24
Isaiah Kerins Hussey	3000m	10.03.23

*Isaiah, Michael, Chris***Belfast milers meeting, Mary Peter's track. 10th May 2025**

Niamh Carr	1 st -heat	1500m	4.22.52
Orla Duffy	11 th	3000m	9.34.84
Faye Dervan	16 th	3000m	9.53.07

Dublin Graded League 2. Morton Stadium. 11th May 2025

Chris McLoughlin	5000m	2 nd	16.27.03
Michael Ryan	5000m	3 rd	16.33.86

*Chris (left) and Michael (right)*

Big 10 Track Meeting, Hayward Field Oregon, USA 17th May 2025

Ailish Hawkins	3000S/C	10.10.63	2 nd Under 23 B Standard
Ronan Staggs	1500M	3.48.64-heat	Just missed qualifying for final

Dublin Graded League 3. Tallaght Athletics Stadium. 21st May 2025

Michael Ryan	10000m	6 th	35.27.00
--------------	--------	-----------------	----------

British Milers Club, Bury, England. 24th May 2025

Kieron Sexton	1500m	4.06.82
---------------	-------	---------

NCAA Division 2. Pueblo, Colorado. 24th May 2025

Fiona Hawkins	1500m	4.40.44
---------------	-------	---------

IFAM athletic meeting. Brussels, Belgium. 25th May 2025

Niamh Carr	1500nm	4.26.19
Aoife Carr	1500m	4.28.72
Orla Duffy	1500m	4.29.22
Sean Donohoe	1500m	3.40.89



Aoife and Orla

Irene Szewinska memorial meeting. Bydgozcz, Poland. 30th May 2025

Jodie McCann	1500m	8 th	4.09.78
--------------	-------	-----------------	---------

Western Regional NCAAs qualification meeting. Texas, 31st May 2025

Ailish Hawkins	3000m s/chase	8 th	10.21.08
Ronan McMahon Staggs	1500m		3.56.13

Trond Mohn Games, Bergen, Norway. 3rd June 2025

Jodie McCann	5000m	10 th	15.43.42
--------------	-------	------------------	----------

GAA Miler meeting, Crownpoint, Scotland 3rd June 2025

Aoife Carr	3000m	9.40.69
------------	-------	---------

Dublin Graded Series 4. Morton Stadium, Santry. 4th June 2025

Orla Duffy	800m A	5 th	2.14.19
------------	--------	-----------------	---------

British Milers Club, Birmingham, England. 7th June 2025

Niamh Carr	800m-heat	2.10.62
Kieron Sexton	800m-heat	2.00.26

Leinster Track and Field championships, Tullamore. 8th June 2025

Rosant Kamgang	200m-o/55	29.14
Rosant Kamgang	800m-o/55	2.29.85

International Track and Field meeting, Montreuil, France. 10th June 2025

Jodie McCann	1500m	6 th	4.09.95
--------------	-------	-----------------	---------

Lisbon Track and Field meeting, Lisbon, Portugal. 10th June 2025

Sean Donohoe	1500m	1 st	3.43.34
--------------	-------	-----------------	---------

BMC Track and Field meeting, Mary Peters Track, Belfast. 14th June 2025

Philip Marron	1 mile	3 rd	4.00.44
---------------	--------	-----------------	---------

Austria 14th June 2025

Niamh Carr	800m		2.07.00-adjusted
------------	------	--	------------------

Dublin Graded League 5. DSD Campus, 14th June 2025

Clare O'Connor	800m	2 nd -Grade C	2.32.01
Edel McNamara	800m	6 th -Grade D	2.47.17

International meeting of Braga, Portugal. 14th June 2025

Jodie McCann	1500m	2 nd	4.12.61
Sean Donohoe	1500m	4 th	3.42.09

Portland University Invitational. 15th June 2025

Ronan Staggs	1500m		3.41.00?
--------------	-------	--	----------

UCD Invitational Meeting. Belfield, June 18th 2025

Niamh Carr	800m	3 rd	2.09.87
Orla Duffy	1500m	7 th	4.27.98

Golden Gala Fernanda Riberio. Maia, Portugal. 21st June 2025

Sean Donohoe	1500m	4 th	3.43.05
--------------	-------	-----------------	---------

Konopacka Warsaw Classic, Warsaw, Poland. 22nd June 2025

Jodie McCann	1500m	4 th	4.13.26
--------------	-------	-----------------	---------

Dublin Graded meeting 6. Morton Stadium. 25th June 2025

Ailish Hawkins	1500M-A	1 st	4.35.01
Cliodhna Ryan	1500m-C	3 rd	5.05.17
Clare O'Connor	1500m-D	1 st	5.20.36
Christopher McLoughlin	1500m-C	9 th	4.38.95

Crusaders Track and Field Meeting. Morton Stadium. 28th June 2025

Niamh Carr	1500m	4 th	4.20.89
Aoife Carr	1500m	9 th	4.23.81
Philip Marron	1500m	=2 nd	3.44.65
Orla Duffy	3000m	1 st	9.26.51

Loret del Mar. Barcelona. 28th June 2025

Vlad Evseev	1500m	1st	3.59.00???
-------------	-------	-----	------------

Irish under 23 track and field championships. Tullamore, 4th July 2025

Ailish Hawkins	3000m S/C	2 nd	10.25.26
----------------	-----------	-----------------	----------

Harrow, England. 4th July 2025.

Edel Monaghan	1500m	5 th
Edel Monaghan	3000m	4 th

Cork City Sports. CIT Cork, 9th July 2025

Philip Marron	1 mile	9 th	3.57.88
Ronan Staggs	1 mile	11 th	3.58.64
Sean Donohoe	1 mile	12 th	4.01.61



Ronan, Sean, Philip

Morton Games, Morton Stadium, Dublin. 11th July 2025

Sean Donohoe	1 mile	10 th	3.55.82
--------------	--------	------------------	---------

BMC Grand Prix, Watford, England. 12th July 2025

Niamh Carr	1500m-B	1 st	4.19.10
------------	---------	-----------------	---------

Lignano Games, Italy. 13th July 2025

Sean Donohoe	1500m	8 th	3.38.75
Ronan Staggs	1500m	9 th	3.38.92

Grand Prix, Brescia, Italy. 15th July 2025

Jodie McCann	1500m	8 th	4.13.27
--------------	-------	-----------------	---------

Dublin Graded meeting 7. Lucan Athletics Stadium. 16th July 2025

Orla Duffy	800m-A	8 th	2.14.38
Edel Monaghan	800m-A	9 th	2.19.34
Cliodhna Ryan	800m-C	4 TH	2.26.94
Clare O'Connor	800m-C	7 TH	2.30.28
Aoife Corr	3000m-D	1 st	11.45.41
Aoife Donaghy	3000m-D	3 rd	12.07.62
Lorna Walsh	3000m-D	5 th	12.22.58
Christopher McLoughlin	3000m-A	9 th	9.33.62

BMC Meeting, Winchester, UK. 16th July 2025

Faye Dervan	3000m-mixed		9.19.34
-------------	-------------	--	---------

Night of Athletics. Heusden Stadium, Belgium. 19th July 2025

Jodie McCann	1500m	6 th	4.12.98
Philip Marron	1500m-Heat	8 th	3.47.53
Sean Donohoe	1500m-Heat	10 th	3.50.10

CAS Athletics Meeting, Luxemburg. 16th July 2025

Jodie McCann	1500m	5 th	4.13.51
--------------	-------	-----------------	---------

Dublin Graded meeting 8. Morton Stadium. 30th July 2025

Aoife Donaghy	1500m-D	4 th	5.34.69
Lorna Walsh	1500m-D	5 th	5.41.47
Paul Delahunt	1500m-A	6 th	3.57.43

National Track and Field Championships, day 1.**Morton Stadium. August 2nd 2025**

Niamh Carr	1500m-heat	1 st	4.29.13
Aoife Carr	1500m-heat	10 th	4.35.60
Sean Donohoe	1500m-heat	2 nd	3.47.78
Philip Marron	1500m-heat	2 nd	3.48.60
Ronan McMahon Staggs	1500m-heat	3 rd	3.48.78
Vlad Evseev	1500m-heat	11 th	4.03.36

National Track and Field Championships, Day 2.

Morton Stadium. August 3rd 2025

Orla Duffy	5000m	6 th	16.40.87
Faye Dervan	5000m	8 th	16.47.27
Christopher McLoughlin	5000m-B	22 nd	16.40.87
Niamh Carr	1500m	3 rd	4.16.08
Sean Donohoe	1500m	7 th	3.54.89
Philip Marron	1500m	8 th	3.55.45
Ronan McMahon Staggs	1500m	12 th	3.57.56



Faye, Orla



Niamh



Ronan, Sean, Philip

Trafford Athletics Meeting, Manchester. 9th August 2025

Faye Dervan	5000m	3 rd	16.07.72
-------------	-------	-----------------	----------

IFAM Athletics Meeting, Oordegem, Belgium. 9th August 2025

Sean Donohoe	1500m-heat 3	3 rd	3.39.88
Philip Marron	1500m-heat 5	6 th	3.44.06
Paul Delahunt	1500m-heat 4	1 st	3.55.38

WACT Challenger Athletics Meeting, Belgium. 16th August 2025

Orla Duffy	3000m	9.42.84
Philip Marron	1500m	3.40.60

Monument Mile Classic. University of Sterling, Scotland. 30th August 2025

Philip Marron	1 mile	3.59.45
---------------	--------	---------

ROAD:**Tom Brennan 5k Road Race - Women, Phoenix Park 1st January 2025**

Christopher McLoughlin	2 nd	16.33
Bonnie McFeat	6 th	17.18
Paul McLoughlin	7 th	17.22

*Paul, Christopher, Bonnie***Valencia 10km Road Race. 12th January 2025**

Liam Naughton	31.36
Michael Ryan	

Raheny 5 Mile Road Race, 26th January 2025**Women's team 1st 24 Points**

Sorcha McAllister	4 th	27.20
Orla Duffy	7 th	28.00
Faye Dervan	13 th	28.41
Bonnie McFeat	29 th	30.47
Sinead Cronin	35 th	31.15
Aoife Donaghy	158 th	36.12

Raheny 5 Mile Road Race, 26th January 2025**Men's team 3rd 88 Points**

Oran O'Hare	15 th	24.57
Liam Naughton	16 th	24.57
Christopher McLoughlin	57 th	27.13
Paul McLoughlin		33.42

Armagh 5K Road Race - 8th February 2024 Senior Women

Aoife Carr	3000m	36 th	9.51
Oran O'Hare	5000m	150 th	14.56

Podium 5k Road Race, Leicester, UK. 15th March 2025 Senior Men

Oran O'Hare	14.47
-------------	-------

Lusk 4 Mile Road Race -2nd March 2025 Senior Women

Sinead Cronin	9 th	24.24
Aislinn Moorhouse	10 th	24.44
Ellen Byrne	17 th	25.56



Ellen, Aislinn, Sinead

**Tallaght AC 5k Road Race, incorporating Dublin Novice Road Championships-
Tallaght 17th March 2025**

DCH Women-68 pts- 2ND Team Overall: DCH Women-86 pts-4th Novice Team

Faye Dervan	3 rd -42 overall	17.27
Bonnie Mae McFeat	10 th -84 overall	18.51
Cliodhna Ryan-1 st Junior Woman	25 th -122 overall	19.39
Edel McNamara-2 nd Over 50	30 th -146 overall	20.09
Clare O'Connor	31 st -148 overall	20.13
Brianna McGee	58 th -189 overall	21.47
Aoife Donaghy	66 th -226 overall	22.09
Lorna Walsh	70 th -232 overall	22.28
Abbey Corr	124 th -345 overall	25.58
Christopher McLoughlin	11 th	16.20
Michael Ryan	22 nd	16.41

National 10k Road Race Championships- Women, Dunboyne 23rd March 2025

DCH 3rd Team 1.48.28

Orla Duffy	11 th	34.32
Sorcha McAllister	12 th	34.34
Bonnie Mae McFeat	43 rd	39.04
Sinead Cronin	46 th	39.20
Katie Green	47 th	39.20
Ellen Byrne	56 th	39.40
Aislinn Moorhouse	62 nd	40.04
Aoife Donaghy	166 th	46.31



Michael, Christopher, Orla, Sinead, Aoife D, Aislinn, Pierre, Sorcha, Ellen, Tadgh

National 10k Road Race Championships- Men, Dunboyne 23rd March 2025

DCH 4th Team 2.05.08

Pierre Murchan	3 rd	29.31
JP Williamson	19 th	30.45
Liam Naughton	25 th	31.04
Chris McLoughlin	104 th	33.49
Michael Ryan	128 th	34.15
Tadgh Foley	284 th	37.14



JP, Pierre, Liam

Queens 5k Road Race, Belfast 2nd April 2025

Niamh Carr	3 rd	16.49
Aoife Carr	11 th	17.25

Berlin half marathon-6th April 2025

JP Williamson	47 th	71.20
---------------	------------------	-------

Streets of Kilkenny 5k Road Race -Mixed, 17th April 2025

Pierre Murchan	2 nd	14.20
Michael Ryan	75 th	16.49
Orla Duffy	3 rd	16.35



Aine, Edel, Lorna, Ellen, Brianna, Aoife D, Clare, Cliodhna

Leixlip 5k Road Race. 9th May 2025

Ellen Byrne	8 th	18.39
Brianna McGhee	12 th	19.18
Edel McNamara	15 th -2 nd F50	19.29
Cliodhna Ryan	16 th -1 st U/20	19.31
Clare O'Connor	21 st	20.04
Aoife Donaghy	23 rd	20.39
Lorna Walsh	40 th	23.59

Sportsworld classic 5 Mile Road Race. Terenure 11th May 2025

Pierre Murchan	1 st	24.11
----------------	-----------------	-------

National 5k Road Race championship, Phoenix Park. 17th May 2025.

Women's team 5th place-57.04.

Cliona Murphy	9 th	17.27
Brianna McGhee	45 th	19.32
Cliodhna Ryan	49 th -1 st Junior	19.39
Muireann Harraghy	109 th	22.13
Aoife Donaghy	110 th	22.15
Pierre Murchan	2 nd	14.18
Christopher McLoughlin	29 th	15.58
Tadgh Foley	107 th	17.43



Pierre, Cliona, Cliodhna, Muireann, Aoife D, Brianna, Tadgh

Bob Heffernan 5k Road Race, Enfield, 20th May 2025.**Women's team 1st place-48 points.**

Faye Dervan	2 nd	16.20
Sinead Cronin	22 nd	18.31
Ellen Byrne	24 th	18.35
Vladislav Evseev	8 th	14.56

*Faye**Vlad***Michelle McKiernan 5K Road Race. Meath, 27th May 2025**

Faye Dervan	1 st	17.11
-------------	-----------------	-------

Women's Mini Marathon 10k. Dublin City Centre, 1st June 2025

Bonnie Mae McFeat	39.30
Sinead Cronin	40.24
Aoife Donaghy	44.57
Muireann	46.03

Streets of Sligo 5k Road Race. 20th June 2025

Tadgh Foley	17.45
-------------	-------

Dunshaughlin 10k Road Race. 21st June 2025

Faye Dervan	4 th	35.39
Cliona Murphy	5 th	35.51

St Coca's 5k Road Race. 27th June 2025. Kilcock, Co Kildare. 1st Team 51 points

Faye Dervan	3 rd	16.22
Cliona Murphy	5 th	16.41
Sinead Galvin	16 th	18.42
Brianna McGhee	27 th	19.09
Aislinn Moorhouse	35 th	19.35
Edel McNamara	53 rd -3 rd o/50	20.11

National 5 Mile Road Race Championships. Phoenix Park. 29th June 2025

Aoife Carr	9 th	29.45
Christopher McLoughlin	30 th	27.10

Docklands 5k Road Race. 10th July 2025. Dublin, Docklands. 1st Team 17 points

Sorcha McAllister	2 nd	16.52
Cliona Murphy	4 th	17.04
Sinead Cronin	11 th	19.10
Brianna McGhee	12 th	19.31
Aoife Donaghy	40 th	21.45
Laura Brennan	50 th	21.52

National 10 Mile Road Race Championships. Phoenix Park. 20th July 2025

Christopher McLoughlin	37 th	57.49
------------------------	------------------	-------

Frank Duffy 10 Mile Road Race. 16th August 2025. Phoenix Park.

Aislinn Moorhouse	6 th	66.19
Sinead Cronin	7 th	66.66
Pierre Murchan	1 st	49.00

Rathkenny 5k Road Race. 16th August 2025. Co Meath.

Faye Dervan	1 st	16.53
-------------	-----------------	-------

St Cucas 10 Mile Road Race. 17th August 2025. Co Kildare.

Faye Dervan	1 st	58.35
-------------	-----------------	-------

Celbridge 5k Road Race. 21st August 2025. Co Kildare.

Edel Monaghan	3 rd	17.31
Aine O'Connor	7 th	17.40

Antrim Coast Half Marathon. 24th August 2025.

Cliona Murphy	18 th	79.32
---------------	------------------	-------

Lucan 5 Mile Road Race. 7th September 2025.

Faye Dervan	1 st	29.15.
-------------	-----------------	--------



Barcelona 5k Road Race. 7th September 2025.

Vladislav Evseev

1st

15.21



Ratoath Half Marathon. 13th September 2025.

Sinead Cronin

5th

86.50

Aislinn Moorhouse

6th

87.10

A & L Goodbody corporate challenge. Dublin docklands 16th September 2025.

Eoghan Beary -Cantor Fitzgerald

4th

15.54

Aislinn Moorhouse -Fidelity Investments

14th

19.50

Laura Brennan -Optium

45th

21.37

Berlin Marathon. 21st September 2025.

Tadgh Foley

3.07

Michael Ryan

3.11



Tadgh, Michael

Griffith Avenue Road Mile, Drumcondra, Dublin. 21st September 2025.

Philip Marron

2nd

3.59.0

Rathfarnham AC 5K Road Race. 28th September 2025.

Edel Monaghan

12th

17.40

Grace Culhane

52nd

19.33

Simon-Home- 5K Road Race. Phoenix Park 11th October 2025.

Aoife Ni Bhroin

3rd

22.40

Dublin Marathon. 26th October 2025.

National Championships. Women's team race 4th place. 9.00.31

Cliona Murphy	16 th (9 th Irish)	2.47.23
Sinead Cronin		3.05.28
Aislinn Moorhouse		3.07.40
Lily Casey		3.36.13
Conor Stone		3.07.43



Cliona,



Sinead,



Aislinn

Rathfarnham AC 5K Road Race. 28th September 2025.

Edel Monaghan	12 th	17.40
Grace Culhane	52 nd	19.33

Sallins, 5K Road Race, Leixlip, Co Kildare 2nd November 2025.

Faye Dervan	1 st	16.47
-------------	-----------------	-------

Irish Universities Road Relay Championship, Maynooth Co Kildare 15th November 2025.

Faye Dervan-Dublin City University	2 laps	11.09	Fastest
Lucy Holmes-Munster Technical University	2 laps	11.40	
Fiona Hawkins-University College Dublin	2 laps	11.46	
Clare O'Connor-Technical University Dublin	2 laps	13.43	
Karen Hughes-Trinity College Dublin	1 lap	6.09	
Clare Murphy-Technical University Dublin	1 lap	7.08	

Clontarf Half Marathon Road Race, 29th November 2025.

Eoghan Beary	1 st	72.28
Muireann Harraghy	44 th	98.14

Jingle Bells 5K Road Race. 7th December 2025. Phoenix Park. Men

Philip Marron	5 th	14.28
Isaiah Hussy Kerins		16.23
Chris McLoughlin		16.36

Jingle Bells 5K Road Race. 7th December 2025. Phoenix Park. Women

DCH A 1st Team 15 points DCH B 9th Team 143 points DCHC 20th Team 290 points

Faye Dervan	2 nd	16.19	A Team
Orla Duffy	5 th	16.38	A Team
Edel Monaghan	8 th	17.01	A Team
Cliona Murphy	9 th	17.06	B Team
Sinead Cronin	56 th	18.52	B Team
Aislinn Moorhouse	78 th	19.23	B Team
Ellen Byrne	83 rd	19.38	C Team
Clare O'Connor	99 th	20.26	C Team
Muireann Harraghy	108 th	20.22	C Team
Aoife Ni Bhroin		21.15	

Jingle Bells 5K Road Race. 7th December 2025. Phoenix Park. Men

Philip Marron	5 th	14.28
Isaiah Hussy Kerins		16.23
Chris McLoughlin		16.36

Suicide Awareness 5K charity Road Race. 28th December 2025. Ballycoolin

Aoife Donaghy	3 rd	21.41
---------------	-----------------	-------

Athletics Etiquette

Written by club coach Des DeLoughry in 1970

There are unwritten laws of Athletics, the breach of which not only causes anger and discomfort to one's opponents, but is no less excusable than infringements of the code as set down in the rule books.

Most breaches of etiquette are committed in error or by lack of thought. The great athlete is usually a well behaved one. And a well behaved considerate competitor is the one who becomes popular with his fellow sports-men and who, in consequence, gets more pleasure from his active and social sporting life.

POINT TO REMEMBER.

YOUR CLUB. Pay your club subscription promptly. Every athletic club needs the financial backing which subscriptions from members provide. The club's honorary treasurer is a voluntary worker, carrying out his duties on your behalf. Do not add to his difficulties or labour by making it necessary for him to remind you of your obligations. Answer letters promptly, particularly if they are from your club captain or secretary. Reminders take time and cost money, and it is discourteous and unhelpful to those who are working in the best interests of yourself and your fellow club members, to be left in doubt of your intentions, or of your ability to turn out on a specific occasion. Above all be loyal. Be guided in every action by your sense of duty to your club. Only in exceptional circumstances should you consider transferring your membership.

THE DRESSING ROOM. Behaviour in the dressing room is a most important part of an athlete's conduct. Be early, do not take up more than your fair share of space, and do not leave your clothes spread all round. Do not leave valuables in your clothing. This constitutes a temptation to the weakminded, and provides opportunities for the deliberately dishonest; loss throws suspicion on many who are innocent (completely) and leads to strained relationships and general resentment.

Be careful that your athletic clothing is clean. Dirty attire can be an offense to others in the dressing room. Avoid evil smelling liniments etc., which have no real medical value and offend the nostrils of other competitors. Do not clean your spikes in the dressing room leaving the mud or track dirt for others to walk on. Be clean in your personal habits and avoid dirty toenails and feet. They can give offense to others who have a high standard of personal cleanliness. Avoid bad language; athletics is a sport beloved by all, and there is a surprisingly large number of persons who, without necessarily being prudish, have a deep objection to swearing or vulgar talk.

ON THE TRACK. Do not complain or grumble, and do not make excuses for defeat. If there is justification for excusing yourself your fellow competitors will be quick to make it for you. A cheerful loser, who regards misfortune as all in the game is well on the way to becoming a good and deserving winner. Do not boast in the flush of victory. Modesty when one is feeling on "top of the world" is essential in a true sportsman. Be punctual at the start of a race it is discourteous to keep fellow competitors and officials waiting. DURING THE RACE. To try to beat the starter is cheating, a victory gained by this means can give no real satisfaction. In a race round the track remember that courtesy to your opponents is expected of you. Bumping and pushing may be "all in the game" but such a game is not athletics. Every competitor is entitled to a fair race and carelessness or deliberately unfair tactics may result in serious injury or at best prevent the best man securing the reward of his efforts, even though the culprit be disqualified. Some athletes enter for several events, and having qualified for the latter stages of two or more, decide to forego one to concentrate on another. This really is an unfair practice, for in qualifying for more finals than you intend to compete in, you have prevented another competitor from being in the final of the race you wish to forego. Be fair therefore, and avoid competing unless you intend to pursue the race to its final conclusion.